

Beth O'Brien, PhD

Licensed Psychologist

INFORMED CONSENT CHECKLIST FOR TELEPSYCHOLOGICAL SERVICES

Prior to starting videoconferencing services, we agreed to the following:

- There are potential benefits and risks of videoconferencing (e.g. limits to patient confidentiality) that differ from in-person sessions.
- Confidentiality still applies for telepsychology services, and nobody will record the session without the permission from the other person(s).
- We agree to use www.doxy.me for our virtual sessions, and I will explain how to use it.
- You need to use a webcam or smartphone during the session.
- It is important to be in a quiet, private space that is free of distractions (including cell phone or other devices) during the session.
- If you are doing couples counseling, it is helpful for each partner to sit in a rolling office chair. If rolling chairs are not available, a loveseat or sofa will work.
- It is important to use a secure internet connection rather than public/free Wi-Fi.
- It is important to be on time. If you need to cancel or change your tele-appointment, you must notify me **2 business days in advance** by phone or email.
- If there are technical problems and we disconnect, I will call you back immediately.
- In the event of a crisis/emergency, please dial 911.
- If I am seeing you for individual counseling, I recommend that you confirm with your insurance company that the video sessions will be reimbursed. If they are not reimbursed, you are responsible for full payment.
- As your psychologist, I may determine that due to certain circumstances, telepsychology is no longer appropriate and that we should resume our sessions in-person.

Dr Beth O'Brien / Signature: _____

Client Name(s): _____

Signature of Client(s): _____

Today's Date: _____